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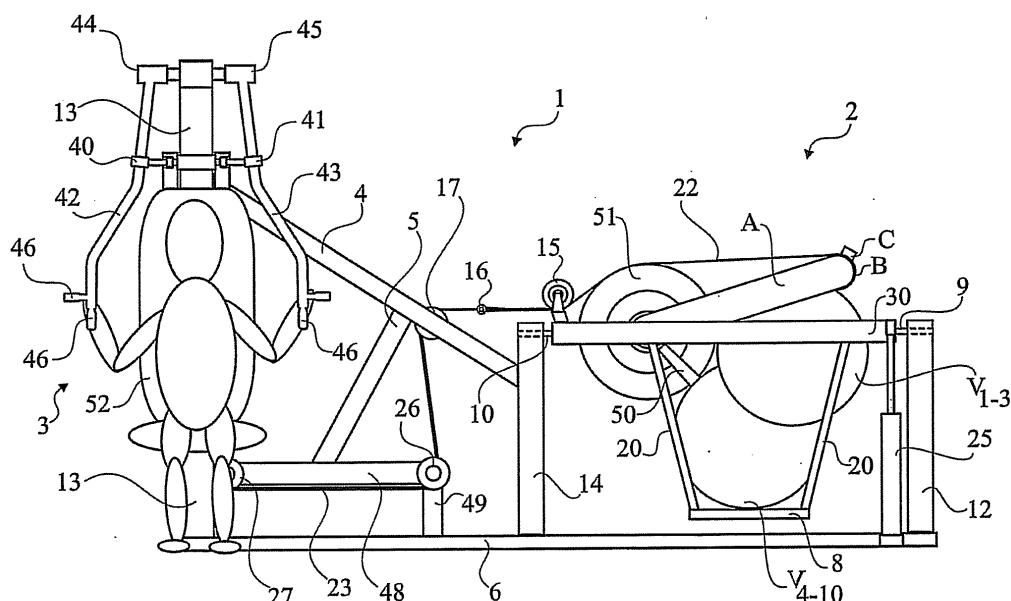
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(54) **Training machine for strength training and rehabilitation**

(57) The present invention relates to a training machine for strength training and rehabilitation comprising: a machine frame, a weight carrying frame, a weight package carried by said weight carrying frame, pull or press means which are turnably provided on said machine frame and which are arranged to be moved backwards and forwards while a selected pre-determined number of weights in said weight package is arranged to be turned

about a first axis, alternatively, by connection means connected to said pull or press means, and drive means to lift weights by means of a first force and to lower said weights by means of a second force, said first force being less than said second force, said weight carrying frame being turnable on said machine frame about a substantially horizontal second axis and said first and second axes being substantially perpendicular to each other.

Fig. 1





EUROPEAN SEARCH REPORT

Application Number
EP 10 15 4630

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Category	Citation of document with indication, where appropriate, of relevant passages	Relevant to claim	CLASSIFICATION OF THE APPLICATION (IPC)
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			A63B
Place of search		Date of completion of the search	Examiner
The Hague		4 March 2011	Jones, Mark
CATEGORY OF CITED DOCUMENTS X : particularly relevant if taken alone Y : particularly relevant if combined with another document of the same category A : technological background O : non-written disclosure P : intermediate document T : theory or principle underlying the invention E : earlier patent document, but published on, or after the filing date D : document cited in the application L : document cited for other reasons & : member of the same patent family, corresponding document			

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**ANNEX TO THE EUROPEAN SEARCH REPORT
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This annex lists the patent family members relating to the patent documents cited in the above-mentioned European search report.
The members are as contained in the European Patent Office EDP file on
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